



MUSEUM FROM HOME

Art Explorers' Story Hour | January 2022

Bears!

Think!

Bears like to sleep in the winter – called hibernation. They find a cozy, dark place to stay warm so they can sleep.

What did Black Bear from the story have in his home when he was hibernating?

Learn!

Do you have a favorite place to sleep or nap?

What do you like about that place? Is it warm? Do you have a special blanket or stuffed animal that you hold?

Sleep is important for all creatures, including you! Let's have fun finding a place where you can hibernate like a bear.

Do!

Be a Bear!

- Ask a grownup to help you look around for a special place to hibernate. It could be under a bed, on a closet floor, or under a table. Make sure it's safe!



- Find some special things to keep you cozy: a blanket or two, a pillow, stuffed animals, or anything special.
- Cozy up in your new hibernation space. Snore loudly like the bears do!

